The ChemSex Support Commission is formed exclusively by Stop Sida volunteers who have been or still are users of the ChemSex Support Service. This commission is integrated within the NGO's organisational structure and it is also represented in the entity's decision-making body.

Stop Sida has trained us to carry out the following

TASKS:

TO ACCOMPANY and offer emotional support to people who practice chemsex. It is they, the users, who set their own goals; and we, the volunteers, who accompany them in their processes.

TO REPLY TO QUERIES about their use of substances in the sexual context and to provide information on risk and harm reduction through different means: in person, via e-mail or apps.

TO HOST RECREATIONAL ACTIVITIES in a safe environment free of sex and drugs.

TO PROMOTE SEXUAL HEALTH within chemsex context through campaigns focused on and designed by the LGTB+ community.

TO CREATE AND EDIT OUR BLOG "CHEMICAL BLOGGERS" where we share our most personal experiences and thus bringing this social phenomenon to light. To communicate helps us not only to understand but also to take care of ourselves gaining control of our lives respecting diversity. Chemical Bloggers is a literary creative and, most probably, cathartic space.

OUR AIMS ARE:

- To make this social phenomenon visible from the same people who practice it hoping to help out to access better medical, social and psychological aid.
- To be the vehicles of change and the protagonists of the actions taken on approaching chemsex.
- To remind everybody that the ones who practice chemsex are ordinary people. We are people with full lives, relatives and loved ones who work in all kind of fields.
- To avoid being neither rejected nor stigmatised for our way of living our sexuality.

Those of us who practice chemsex are gay men, bisexuals, crossdressers, transsexuals and non-binary people and we are all part of the LGTB+ community. A community which is, unfortunately, still struggling against a chauvinistic, heteronormative and patriarchal society.

For this

WE ASK:

- To take into consideration the cultural components which this practice is settled in.
- Our sexual activity and our use of substances to be addressed as a whole and not separately, in a holistic and comprehensive way.
- To be offered and provided with all the necessary information in order to make decisions in an autonomous manner. We are responsible adults aware of the risks our choices may entail and, therefore, we are consistent with them.
- To base any approach on the user's own reality and personal needs as well as on those of their group of peers and community.
- That our sexual practices and different non-normative ways to embrace affective relationships get absolute respect and comprehension.
- That nobody gets to speak neither about us nor on our behalf without being previously consulted and that our voice gets to be heard out loud and clear, using the terminology and language that we recognise as our own.
- Not to get our substance use within the sexual context compared to any other kind of substance use that has not a sexual purpose by any other non-LGTB+ community.